# SPIRITUAL DIRECTION RESOURCES



### **ESDA: Christ-Centered Spiritual Directors**

https://www.graftedlife.org/spiritual-direction/find-a-spiritual-director

An international network and directory of Christian spiritual directors.



# **Companioning Center**

https://www.companioningcenter.org/spiritual-directorgraduates

An online community for soul-care providers, counselors, pastors, spiritual directors, and educators.



#### Soul Formation

https://www.soulformation.org/findasd

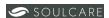
An organization creating relational environments for the spiritual and emotional health of Christian leaders.



#### **Anam Cara**

https://anamcara.com/spiritual-direction

From the Celtic phrase for "soul friend," Anam Cara provides space for spiritual community.



#### **Soul Care**

https://www.soulcare.com/spiritual-direction

An organization helping individuals, communities, and organizations care for the soul.



## Soul Shepherding

https://www.soulshepherding.org/spiritual-directorsdirectory

An organization offering resources, mentoring, and training in soul care.



#### Renovaré

https://renovare.org/events/learning-to-listen

A leading spiritual formation organization hosted a webinar on spiritual direction with links to resources.