

SPIRITUAL DIRECTION RESOURCES



ESDA: Christ-Centered Spiritual Directors

<https://www.graftedlife.org/spiritual-direction/find-a-spiritual-director>

An international network and directory of Christian spiritual directors.



Companioning Center

Companioning Center

<https://www.companioningcenter.org/spiritual-director-graduates>

An online community for soul-care providers, counselors, pastors, spiritual directors, and educators.



Soul Formation

<https://www.soulformation.org/findasd>

An organization creating relational environments for the spiritual and emotional health of Christian leaders.



Anam Cara

<https://anamcara.com/spiritual-direction>

From the Celtic phrase for “soul friend,” Anam Cara provides space for spiritual community.



Soul Care

<https://www.soulcare.com/spiritual-direction>

An organization helping individuals, communities, and organizations care for the soul.



Soul Shepherding

<https://www.soulshepherding.org/spiritual-directors-directory>

An organization offering resources, mentoring, and training in soul care.



Renovaré

<https://renovare.org/events/learning-to-listen>

A leading spiritual formation organization hosted a webinar on spiritual direction with links to resources.

<http://drewldixon.com>